

# DRINKS & DESSERTS

EAT. DRINK. BE SOCIAL

## COLD DRINKS

|   |     |
|---|-----|
| <b>ICED LATTE</b><br>Bottled & served chilled   | 6.8 |
| <b>ICED COFFEE/CHOCOLATE/MOCHA/CHAI</b><br>Served chilled over ice-cream              | 6.8 |
| <b>COLD BREW</b>  | 6.0 |
| <b>SOFT DRINKS</b><br>Coke/Coke Zero/Sprite/Sparkling water                           | 3.5 |
| <b>BOTTLED WATER</b>  | 3.2 |
| <b>KIDS MILKSHAKES</b><br>Chocolate/Caramel/Strawberry/Vanilla                        | 4.2 |
| <b>MILKSHAKES</b><br>Chocolate/Caramel/Strawberry/Vanilla<br>+ Make it a thickshake 2 | 5.5 |
| <b>FRESH JUICE</b>  |     |
| <b>FRESH OJ/APPLE/WATERMELON</b><br>Straight up freshly squeezed juice                | 7   |
| <b>SUMMER LOVIN'</b><br>Passionfruit, orange, pineapple & mint                        | 7   |
| <b>SKITTLES</b><br>Strawberry, watermelon, orange & apple                             | 7   |
| <b>IMMUNITY BOOSTER</b><br>Carrot, ginger, turmeric, orange & lemon                   | 7   |
| <b>GREEN ELIXIR</b><br>Kale, spinach, apple & orange                                  | 7   |
| <b>VEG OUT</b><br>Kale, spinach, carrot, celery & apple                               | 7   |

## BLENDED

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| <b>BANANA BREAKFAST SMOOTHIE</b><br>Bananas, chia seeds, milk & honey   | 8 |
| <b>AÇAÍ SMOOTHIE</b><br>Superfood blend of açai, banana & coconut water | 9 |
| <b>FRAPPES</b><br>Nutella/Espresso/Mocha                                | 7 |

## HOT DRINKS

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| <b>COFFEE</b>  | S   | L   |
| <b>SHORT BLACK/RISTRETTO</b>   | 3.2 | -   |
| <b>MACCHIATO/PICCOLO</b>   | 3.7 | -   |
| <b>CAPPUCCINO/LATTE/FLAT WHITE/LONG BLACK</b>  | 3.9 | 4.4 |
| <b>MOCHA/HOT CHOCOLATE/CHAI/TARO/<br/>TUMERIC/MATCHA/EARL GREY TEA LATTE</b>                       | 4.5 | 5.0 |
| <b>AFFOGATO</b>  | 4.4 | -   |
| <b>FILTER</b>  | -   | 4.9 |
| <b>TEA</b><br>ENGLISH BREAKFAST/EARL GREY/PUNJABI CHAI/<br>GREEN & JASMINE/PEPPERMINT/CHAMOMILE    | -   | 4.0 |
| <b>EXTRAS</b><br>ESPRESSO SHOT/BON SOY/ALMOND MILK/ LACTOSE FREE<br>CARAMEL/HAZELNUT/VANILLA SYRUP | 0.7 |     |

## DESSERTS

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| <b>NUTELLA LOVERS</b><br>Toasted belgian waffles (2) topped with Nutella, chocolate crumble, melted milk chocolate, banana, strawberries & vanilla ice-cream   | 15 |
| <b>STRAWBERRIES &amp; CREAM</b><br>Toasted belgian waffles (2) drizzled with melted milk chocolate; served with strawberry puree, fresh strawberries, meringue, biscuit crumble, whipped cream & vanilla ice-cream | 15 |
| <b>CHOC BROWNIE WAFFLE</b><br>Toasted belgian waffles (2) drizzled with melted milk chocolate; served with chocolate biscuit crumble, banana, strawberries, vanilla ice-cream & warm brownie pieces                | 16 |

ESPRESSO  WARRIORS



Nutella Lovers

ESPRESSO  WARRIORS

CATERING AVAILABLE  
Ph. 02 9526 7230  
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# BREAKFAST

EAT. DRINK. BE SOCIAL

# LUNCH

SINCE 2014

## CLASSICS

|  |                       |
|--|-----------------------|
| <b>TOAST [V]</b><br><b>MICHE SOURDOUGH [VG]/WHITE/WHOLEMEAL/RAISIN</b><br>With your choice of butter, vegemite, jam, peanut butter or honey  | <b>5</b>              |
| <b>EGGS YOUR WAY [V]</b><br>Your choice of poached, scrambled or fried eggs served on toasted sourdough  | <b>8.5</b>            |
| <b>HANGOVER BURGER</b><br>Crispy bacon, fried egg, a golden hash brown, melted tasty cheese, tomato relish and aioli on a toasted milk bun   | <b>12</b>             |
| <b>AVOCADO SMASH [V]</b><br>Smashed avocado & cherry tomatoes served on toasted sourdough with seeds (pepitas & sunflower), pesto and ricotta  | <b>15</b>             |
| <b>GOLDEN EGGS BENE</b><br>Deep-fried panko-crumbed poached eggs (2) and sautéed spinach; served on toasted brioche with hollandaise and your choice of either; bacon OR chorizo OR mushrooms [V] OR cured salmon (+1) | <b>17</b>             |
| <b>HUNGRY WARRIOR</b><br>Eggs your way, bacon, sliced avocado, pan-fried mushrooms, roasted cherry tomatoes, sautéed kale, hash browns (2), chorizo and tomato relish served with toasted sourdough                    | <b>22</b>             |
| <b>CLASSIC PANCAKES [V]</b><br>Pancakes, maple syrup, strawberries, banana and a scoop of vanilla ice cream<br>+ add bacon   | <b>10</b><br><b>3</b> |

## SOMETHING DIFFERENT

|   |                                     |
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| <b>CORN &amp; ZUCCHINI FRITTERS [V]</b><br>Sweet corn & zucchini fritters (3), topped with rocket, avocado, poached eggs (2), tomato relish & pumpkin puree<br>+ add bacon/chorizo<br>+ add grilled haloumi | <b>14</b><br><b>3</b><br><b>3.5</b> |
| <b>FARM HOUSE OMELETTE [V]</b><br>A cheesy omelette with pumpkin, sweet potato, spanish onions, cherry tomatoes & spinach, served with toasted sourdough<br>+ add bacon/chorizo<br>+ add cured salmon       | <b>15</b><br><b>3</b><br><b>4</b>   |
| <b>BREAKFAST STACK</b><br>Toasted sourdough, stacked with sautéed kale, avocado, sliced tomato, bacon, poached eggs (2) and melted cheese; served with a balsamic glaze                                     | <b>15</b>                           |
| <b>A-SIGH BOWL [V] [VG]</b><br>Amazonian açai blended with coconut water and banana; topped with chia seed, coconut flakes, granola, nuts and seasonal fruit  | <b>14</b>                           |



Hungry Warrior



Hangover Burger

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| <b>EXTRAS</b>  |             |
| FETA/HOLLANDAISE/TOMATO RELISH/GARLIC AIOLI                                      | <b>1</b>    |
| GF BREAD   | <b>1.50</b> |
| EGGS/HASH BROWNS (2)/ BACON/ MUSHROOMS/ AVOCADO/ CHORIZO/SPINACH/GRILLED CHICKEN | <b>3</b>    |
| HALOUMI  | <b>3.5</b>  |
| CURED SALMON   | <b>4</b>    |
| SALTED FRIES   | <b>6</b>    |

## TOAST TOPPERS

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| <b>VEGO DELIGHT [V]</b><br>Toasted sourdough topped with ricotta spread, roast pumpkin, grilled broccolini, crushed walnuts and balsamic glaze<br>+ add grilled haloumi | <b>14</b><br><b>3.5</b> |
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| <b>CHICKEN AVO</b><br>Toasted sourdough topped with smashed avocado, grilled chicken, melted cheese and fresh herbs | <b>14</b> |
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## SCHNITZ

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| <b>CHICKEN SCHNITZEL</b><br>Chicken fillet crumbed and deep-fried; served with a side of chips, gravy and side salad | <b>15</b> |
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| <b>LOADED CHICKEN PARMA</b><br>Chicken fillet crumbed and deep-fried; topped with neapolitan sauce, bacon and cheese; with a side of chips | <b>17</b> |
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## BURGERS

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| <b>SOUTHERN FRIED CHICKEN</b><br>Fried buttermilk chicken, tasty cheese, lettuce and aioli on a toasted milk bun; served chips and aioli | <b>16</b> |
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| <b>ZUCCHINI BURGER</b><br>Zucchini patty, lettuce, tomato, spanish onion and sweet chilli yoghurt sauce on a toasted milk bun; served with chips and aioli | <b>16</b> |
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| <b>CHEESE BURGER</b><br>Beef patty, cheese, bacon, caramelised onions and gherkins with tomato sauce and mustard on a toasted milk bun; served with chips and aioli | <b>17</b> |
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| <b>STEAK SANDWICH</b><br>Grilled steak fillet, lettuce, cheese, bbq sauce and caramelised onion; served on toasted turkish bread with chips and aioli | <b>18</b> |
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## FRIES

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| <b>SALTED FRIES</b><br>Hot salted fries, served with a side of aioli | <b>6</b> |
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| <b>SWEET POTATO FRIES</b><br>Hot sweet potato fries, served with a side of aioli | <b>8</b> |
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| <b>AMERICAN CHEESY FRIES</b><br>Hot chips topped with melted cheese & bacon bits; served with a side of aioli | <b>12</b> |
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**V** = VEGETARIAN  
**VG** = VEGAN  
**GF** = GLUTEN FREE



Lean & Mean Bowl

## BOWLS

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|---|-----------------------------------|
| <b>LEAN &amp; MEAN BOWL</b><br>Grilled portuguese chicken, sweet potato, sautéed kale, cherry tomatoes & Spanish onions; topped with poached eggs and salsa verde<br>+ add bacon/chorizo<br>+ add grilled haloumi | <b>15</b><br><b>3</b><br><b>4</b> |
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| <b>VEGELICIOUS [V] [VG]</b><br>Quinoa, broccolini, avocado, caramelised carrots, grilled zucchini, currants, sauteed kale and mixed greens with citrus vinaigrette<br>+ add grilled chicken<br>+ add grilled haloumi | <b>15</b><br><b>3</b><br><b>3.5</b> |
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| <b>SALMON BOOST BOWL</b><br>Brown rice, sweet potato, peas, avocado, purple cabbage and roasted almonds; served with pan-fried citrus cured salmon and soy glaze | <b>18</b> |
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| <b>ZEN GODDESS [V]</b><br>Quinoa, zucchini noodles, kale, broccolini, avocado, poached egg, pan-fried enoki mushrooms and ponzu dressing | <b>16</b> |
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## KIDS MENU

All kids meals come with a freshly squeezed apple OR orange juice

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| <b>BIG BREAKFAST</b><br>Bacon, scrambled eggs, hash brown, white toast and tomato sauce                        | <b>10</b> |
| <b>MESSY HOTCAKE</b><br>Pancake, with maple syrup, strawberries and vanilla ice-cream                          | <b>10</b> |
| <b>CHEESY TOAST</b><br>Classic cheese toastie on white bread with salted fries OR apple and carrot sticks      | <b>10</b> |
| <b>CHICKEN NUGGETS</b><br>Crispy chicken nuggets and tomato sauce with salted fries OR apple and carrot sticks | <b>10</b> |

